

# THE BabyMoon EXPERIENCE

*a holistic approach*



**BabyMoon Prenatal and  
Postpartum Retreats**

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**[www.babymoonretreats.org](http://www.babymoonretreats.org)**

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***To register contact Kerstin today,  
space is limited!***

*Your retreat may include but is not limited to the following experiences:*

**Blessing Ways    Self Empowerment**

**Listening to Your Inner Guidance    Reiki Healing**

**EFT emotional release techniques    Guided Meditation**

**HypnoBirthing Session    Artistic Belly Casting**

**Birth Story Circles    Naming Ceremonies**

**And More!**

*Bringing a baby into the world is a sacred experience;  
make time to honor the experience spiritually, emotionally,  
physically, and intellectually.*

**Mark Your Calendars for  
Saturday, August 21<sup>st</sup> Prenatal Retreat**

**Join us at *Keystone Healing Center***

**Chicago, IL**

**Price: \$160.00 Special \$20.00 discount if  
you mention promotion "Summer's End"**

**Your *BabyMoon* is an opportunity to completely focus on your  
pregnancy, your body, and your baby without the usual distractions.**

***BabyMoon* is the **ultimate prenatal nurturing experience.****